

Appendix B – Local and National Bereavement Support Services

Kent Based Children's & Young People Bereavement Services:	
Services for CYP	
Bereavement Service Details	Support provided
<p>Holding on Letting Go (Age: 6-16):</p> <p>Area: Kent and Medway</p> <p>http://www.holdingonlettinggo.org.uk</p> <p>Office (closed): 03445 611 511</p> <p>Mobile: 07568 706698.</p>	<p>Normally offer weekend programmes for CYP, however these are on hold and waiting list in place. They have also provided 1:1 support/counselling for young people within the home who have an additional need and feel unable to attend at the weekend.</p> <p>Current offer of virtual contact with Children's & Families, resource packs to support families and individualised sessions with pre-bereaved CYP who have someone very close to them dying.</p>
<p>SlideAway (Age: 5-19)</p> <p>Area: West Kent</p> <p>http://www.slideaway.org</p>	<p>2-day workshops (held separately for primary and secondary age CYP); Memory days; Pre-bereavement support. Face-to-face support scheduled for the summer term is cancelled, but continue to be available by phone and email to parents and schools.</p>
<p>Cruse Bereavement Care (Children of any age):</p> <p>Area: East Kent with Swale</p> <p>http://www.eastkentswalecruse.org.uk/children-young-people.html</p> <p>CYP Referrals: 07999 362 322</p> <p>Area: South Kent (Ashford, Folkestone, Hythe, Deal, Romney Marsh, Greatstone, Tenterden, Biddenden and all places in between).</p> <p>southkent@cruse.org.uk</p> <p>0844 8009104</p> <p>Area: Maidstone and Medway:</p> <p>01622 671011</p> <p>maidstone@cruse.org.uk</p> <p>Area: West Kent <u>service currently suspended for new referrals.</u></p>	<p>One to one support (all Cruse services will be provided over the telephone, email or internet until further notice);</p> <p>Also offered bereavement support groups</p>
Services for Adults	
Live Well Kent	No specific bereavement support but overall

<p>Live Well Kent has a single phone contact point and email address to make a referral across the county - 0800 567 7699 email address info@livewellkent.org.uk</p> <p>Porchlight as the Strategic Partner deliver in</p> <p>Lot 1 (Dartford, Gravesham, Swanley and Swale)</p> <p>Lot 4 (South Kent Coast, Thanet and Dover)</p> <p>Shaw Trust as the Strategic Partner deliver in</p> <p>Lot 2 (West Kent)</p> <p>Lot 3 (Ashford and Canterbury Coastal)</p>	<p>support within Live Well Kent however the service does offer overall emotional wellbeing and mental health support. They can also refer on to a number of the agencies listed below.</p>
<p>Improving Access to Psychological Therapies/IAPTS (Kent Wide)</p>	<p>There are a number of IAPT services that provide evidence-based psychological therapies to people with anxiety disorders and depression however these are not specific bereavement services.</p>
<p>Survivors of Bereavement by Suicide/ SOBS (Canterbury, Margate and Maidstone)</p>	<p>SOBS is a self-help, voluntary organisation helping those who have been bereaved or affected by suicide.</p>
<p>Stepping Stone Bereavement telephone support service (East Kent)</p>	<p>Telephone support for those affected by bereavement</p>
<p>JR Counselling (Canterbury and Coastal but now offering support in Ashford since the move to virtual support):</p>	<p>Through the Live Well Kent contract they provide one-to-one and 'Living in the Moment' group counselling for people who want help to deal with loss of any kind such as the loss of a partner or family member, loss of employment, a home, or mobility.</p>
<p>Fagan's Counselling Support (Maidstone only)</p>	<p>Through the Live Well Kent contract they provide one-to-one counselling for people who want help to deal with loss of any kind such as the loss of a partner or family member, loss of employment, a home, or mobility.</p>
<p>West Kent Mind (West Kent and Ashford)</p>	<p>Through the Live Well Kent contract provide services in Ashford and West Kent. This includes one-to-one</p>

	counselling for people who want help to deal with loss of any kind such as the loss of a partner or family member, loss of employment, a home, or mobility.
<p>Cruse Bereavement Care</p> <p>Area: East Kent with Swale East Kent 07507 656023 eastkentwithswale@cruse.org.uk</p> <p>Area: South Kent (Ashford, Folkestone, Hythe, Deal, Romney Marsh, Greatstone, Tenterden, Biddenden and all places in between). southkent@cruse.org.uk 0844 8009104</p> <p>Area: Maidstone and Medway: 01622 671011 maidstone@cruse.org.uk</p> <p>Area: West Kent: 01732 353 575 westkent@cruse.org.uk</p>	One to one support (all Cruse services will be provided over the telephone, email or internet until further notice); Also offered bereavement support groups

National CYP Bereavement services:

Bereavement Service	Contact Details
Child Bereavement UK	0800 028 8840 Monday to Friday, 9am to 5pm support@childbereavement.org
Cruse Bereavement Care	0808 808 1677 Monday and Friday, 9.30am to 5pm, and Tuesday, Wednesday and Thursday 9.30am to 8pm info@cruse.org.uk
Hope Again	0808 808 1677 Monday to Friday, 9.30am to 5pm hopeagain@cruse.org.uk
Grief Encounter	0808 802 0111 Monday to Friday, 9am to 9pm contact@griefencounter.org.uk
Winston's Wish	0808 802 0021 Monday to Friday, 9am to 5pm info@winstonswish.org

